

### 31 Day Sensory Play Challenge - Adventures of Adam

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1st Cotton Wool	2nd Rice	3rd Shaving Foam
4th Play Dough	5th Jelly	6th Slime or Gloop	7th Fun in the Bath	8th Bubble Wrap	9th Pasta	10th Kitchen Play
11th Sticky Play	12th Bubbles	13th Texture	14th Ice	15th Scented Play	16th Light Play	17th Recycled Play
18th Food Colouring	19th Cloud Dough	20th Snow	21st Sensory Bottles	22nd Beans/ Lentils	23rd Exploring Sounds	24th Sensory Bags
25th Water Beads	26th Pipe Cleaners	27th Edible Play	28th Masking Tape	29th Balloons	30th Cereal Play	31st Straws